FREE AND INEXPENSIVE MATERIALS FOR HEALTH EDUCATION
Annotated Bibliography

This list of free and inexpensive materials to be used in conjunction with Health Instruction was compiled by the Bibliography Committee of the State Joint Committee for Health and Physical Fitness. The members of the Bibliography Committee were: Chairman, Dr. Henrietta Morris, Associate Professor of Hygiene, Oregon State College; Dr. Floyd H. DeCamp, Director Oral Health Program, Oregon State Board of Health; Miss Ethel Mealey, Consultant in Health Education, Division Maternal and Child Care, Oregon State Board of Health; Mrs. Bertha A. Smith, Assistant Professor of Health, Southern Oregon College of Education; Miss Laura J. Smith, Assistant Professor of Health, Oregon College of Education; Mrs. Grace Wolgamott, Director of Health and Physical Education for Girls, Salem Senior High School; and Mr. Martin Elle, Assistant Superintendent in charge of Curriculum and Publications, State Department of Education, Salem.

The list is tentative and is not intended to be exhaustive. From time to time titles will be taken from the list and new titles will be added. The materials listed here were approved as being scientifically sound and having educational value. There is much other material which the Committee did not have an opportunity to examine which may be acceptable. No attempt was made to evaluate material. The place of any title on this list indicates that the content checked satisfactorily against certain minimum standards set by the Committee.

ADMINISTRATION OF HEALTH PROGRAM

American Medical Association, 535 N. Dearborn Street, Chicago, Illinois.

Suggested School Health Policies. Reprinted from Hygeia, The Health Magazine, September, October, November, and December, 1940. Free to persons professionally engaged in health education; otherwise priced at 10¢.

Recommendations as to health policies and practices based on opinions in School Health Policies and other sources.

Metropolitan Life Insurance Company, 600 Stockton St., San Francisco, California.

A List of Source Materials for Teachers of College Hygiene. Free.

Compiled by the American Student Health Association with the cooperation of the Metropolitan Life Insurance Company. Excellent reference lists for grade and high school teachers as well as college teachers.

Bailey, E. W., Biographical and Scientific Material in Health Teaching. Free.

Suggestions for health and science teaching based on the "Health Hero" series published by the same company. For upper grade and high school teachers.

Kelly, D. J., and Knowlton, E. F., A Practicable School Health Program. School Health Monograph No. 1, Welfare Division. Revised. 1934. Free.

Description of all phases of a school health program. For school administrators, teachers, and teacher-training classes.

Ohio Public Health Association, Advisory Committee on Health Education, 1575 Neil Avenue, Columbus, Ohio.

Suggested Sources for a Community Health Library. 1941. 25¢.

ALCOHOL

National Women's Christian Temperance Union, 1730 Chicago Avenue, Evanston, Ill.

Palmer, Bertha A. Syllabus in Alcohol Education. 25¢.

A logical presentation of the several steps in the study of alcohol.

United States Treasury, Bureau of Industrial Alcohol, Superintendent of Documents, Washington D. C.

The Uses of Alcohol as an Essential Chemical in the Arts, Sciences, and Industry. 10¢.

Interesting information everyone should have about a "modern miracle".

DISEASES - COMMUNICABLE AND NON-COMMUNICABLE

American Medical Association, 535 N. Dearborn Street, Chicago, Illinois.

Cutler, E. C., What Science Knows About Cancer. Reprinted from Hygeia, The Health Magazine, November, 1937. 10¢ a copy; 5 copies or more, 8¢ each.

For high school students and adults. Brief but authoritative nontechnical discussion of cancer and its treatment.

Jones, I. W., Acne, The Plague of Youth. Reprinted from Hygeia, The Health Magazine, October, 1938. 1941. 5¢.

A well written article on a problem of interest to adolescents. High school and adults.

American Social Hygiene Association, 1790 Broadway, New York City.

Clarke, Dr. Walter, Syphilis, Gonorrhea and the National Defense Program. Pub. No. A-298. Free.

For adults. Discussion of one of the problems pertaining to the nation's defense. May be secured through the Division of Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

How Many People Have Syphilis. Pub. No. A-339. Free.

For adults. Brief report on prevalence of syphilis in United States. May be secured through the Division of Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Metropolitan Life Insurance Company, 600 Stockton St., San Francisco, California.

Colds, Influenza, Pneumonia. Free.

Facts about these respiratory diseases with suggestions for preventing them and their complications. For adults and high schools.

Diphtheria. Free.

Facts about immunization and importance of medical care. For adults and

Free and Inexpensive Materials for Health Education
Annotated Bibliography

ALCOHOL

National Woman's Christian Temperance Union, 1730 Chicago Avenue, Evanston, Ill.

Palmer, Bertha A. Syllabus on Alcohol Education. 25¢.

A logical presentation of the several steps in the study of alcohol.

United States Treasury, Bureau of Industrial Alcohol, Superintendent of Documents, Washington D. C.

The Uses of Alcohol as an Essential Chemical in Food, Drugs, Sciences, and Industry. 10¢.

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Jones, L. W., Acne, The Plague of Youth. Reprinted from Hygeia, The Health Magazine, October, 1938. 10¢. 5¢.

A well written article on a problem of interest to adolescents. High school and adults.

American Social Hygiene Association, 1790 Broadway, New York City.

Clarke, Dr. Walter, Syphilis, Government and the National Failure Problem. Pub. No. A-229. Free.

For adults. Discussion of one of the problems pertaining to the nation's defense. May be secured through the Division of Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

How Many People Have Syphilis. Pub. No. A-239. Free.

For adults. Brief report on prevalence of syphilis in United States. May be secured through the Division of Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Metropolitan Life Insurance Company, 800 Stockton St., San Francisco, California.

Colds, Influenza, Pneumonia. Free.

Facts about these respiratory diseases with suggestions for preventing them and their complications. For adults and high schools.

Diphtheria. Free.

Facts about immunization and importance of medical care. For adults and

high school students.

Hookworm Disease. Free.

Symptoms, principle of cure, prevention of hookworm. For adults and high schools.

Infantile Paralysis (Poliomyelitis). Free.

Prepared with the cooperation of The National Foundation for Infantile Paralysis, Inc. Emphasis on prevention of spread and proper care to prevent deformities. For adults and high schools.

Malaria (Ague, Chills and Fever). Free.

Description of malaria, protection against, malaria-carrying mosquito, and how to treat. Illustrations. For adults and high schools.

Measles. Free.

How to recognize, why serious. Caring for patient, and protection. For adults and high schools.

Protecting Your Heart. American Heart Association and Metropolitan Life Insurance Company. Free.

Description of how the heart works and discussion of heart diseases and their control. For adults and mature high school students.

Rabies. Free.

Leaflet on rabies and its prevention. For adults and high school students.

Rheumatism. American Rheumatism Association and the Metropolitan Life Insurance Company. Free.

A description of the three diseases called "rheumatism" with suggestions for prevention. For adults.

Scarlet Fever. Free.

Description of scarlet fever with advice for home and community protection against it. For parents and for high school use.

Simple Goiter. Free.

Brief description of kinds of goiter, necessity for medical care, and prevention of simple goiter by use of iodine. For adults and high schools.

Smallpox is Still Here. Free.

Facts about smallpox and vaccination. For adults and high school age.

The Conquest of Typhoid Fever. Free.

Facts about typhoid fever and its prevention. For adults and high school age.

Free and Inexpensive Materials for Health Education
Annotated Bibliography

High school students.

Hookworm Disease. Free.

Symptoms, principle of cure, prevention of hookworm. For adults and high schools.

Infantile Paralysis (Poliomyelitis). Free.

Prepared with the cooperation of the National Foundation for Infantile Paralysis, Inc. Emphasis on prevention of spread and proper care to prevent deformities. For adults and high schools.

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Smallpox is Still Here. Free.

Facts about smallpox and vaccination. For adults and high school age.

The Conquest of Typhoid Fever. Free.

Facts about typhoid fever and its prevention. For adults and high school age.

Tuberculosis. National Tuberculosis Association and the Metropolitan Life Insurance Company. Free.

For high school students and adults. Brief general discussion of prevention, diagnosis, and treatment of tuberculosis.

Whooping Cough. Free.

Facts about whooping cough and protection against it. For adults and high school age.

Hallock, G. T., and Turner, C. E., Edward Jenner (Health Heroes). Free.

Condensed biography of Jenner. Useful in connection with smallpox vaccination instruction. Upper grades and high schools.

Hallock, G. T., and Turner, C. E., Edward Livingston Trudeau (Health Heroes). Free.

Condensed biography of Trudeau. Useful in connection with tuberculosis studies. Upper grades and high schools.

Hallock, G. T., and Turner, C. E., Florence Nightingale (Health Heroes). Free.

Condensed biography of the founder of modern nursing. Upper grades and high schools.

Hallock, G. T., and Turner, C. E., Louis Pasteur (Health Heroes). Free.

Condensed biography of Pasteur. Useful in connection with communicable disease studies. Upper grades and high schools.

Hallock, G. T., Marie Curie (Health Heroes). Free.

Condensed biography of the discoverer of radium. Useful in connection with cancer study. Upper grades and high schools.

Hallock, G. T., and Turner, C. E., Robert Koch (Health Heroes). Free.

Condensed biography of Koch. Useful in connection with tuberculosis teaching. Upper grades and high schools.

Hallock, G. T., and Turner, C. E., Walter Reed (Health Heroes). Free.

Condensed biography of Reed. Useful in connection with study of yellow fever and other insect-borne diseases. Upper grades and high schools.

Metropolitan Life Insurance Company, San Francisco, California.

A Message of Hope About Cancer. Free.

Facts about cancer and its control. Adults and high schools.

Free and Inexpensive Materials for Health Education
Annotated Bibliography

Tuberculosis. National Tuberculosis Association and the Metropolitan Life Insurance Company. Free.

For high school students and adults. Brief general discussion of prevention, diagnosis, and treatment of tuberculosis.

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Facts about whooping cough and protection against it. For adults and high school age.

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Condensed biography of Reed. Useful in connection with study of yellow fever and other insect-borne diseases. Upper grades and high school.

Metropolitan Life Insurance Company, San Francisco, California.

A Message of Hope About Cancer. Free.

Facts about cancer and its control. Adults and high school.

Oregon Tuberculosis Association, 605 Woodlark Building, Portland, Oregon

Air and Sunshine. Free.

Scientific facts about air and sunshine in relation to health. For junior and senior high schools.

Defend Yourself Against Tuberculosis. Free.

A pamphlet briefly describing how the germ gets in and how the body defends itself; pronounced symptoms of tuberculosis and methods of cure are briefly described. For junior and senior high schools.

Healthful Living Out of Doors. Free.

The 1942 Christmas Seal teaching guide, with suggestions for projects in keeping with the title of the pamphlet. Ten pages of suggestions and bibliography for teachers in elementary, junior and senior high schools.

Laennec. Free.

Biographical and historical sketch of Theophile Laennec and his invention of the stethoscope. For junior and senior high schools.

Landmarks of Progress. Free.

Historical sketch of the important scientific discoveries made about tuberculosis, its cause, prevention, cure and control. For junior and senior high schools.

Nutrition in Tuberculosis. Free.

A brief folder prepared by Marion F. Wooden, B. S., Dietician, Oregon State Tuberculosis Hospital; showing some of the vitamins and minerals in foods and giving a few concise rules to guide the daily selection of food. A separate sheet for the daily check of food habits is also included. For senior high schools.

Preventing Tuberculosis. Free.

Lesson plans for 5 problems. For an activity program. For junior and senior high school teachers.

Robert Koch. Free.

Biographical sketch and story of the tubercle bacillus. Junior and senior high schools.

Tuberculosis and Climate. Free.

Explanation of the fact that it is no longer believed that climate alone will cure or markedly benefit a case of tuberculosis. For junior and senior high schools.

Free and Inexpensive Materials for Health Education
Annotated Bibliography

Oregon Tuberculosis Association, 600 Medical Building, Portland, Oregon

Air and Sunshine. Free.

Scientific facts about air and sunshine in relation to health. For junior and senior high schools.

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Tuberculosis and Climate. Free.

Explanation of the fact that it is no longer believed that climate alone will cure or markedly benefit a case of tuberculosis. For junior and senior high schools.

Tuberculosis from 5 to 20. Free.

A message to young people, parents and teachers. For junior high schools.

What is Tuberculosis? Free.

A pamphlet describing cause, prevention, control and cure. For senior high schools.

Why Does Tuberculosis Run in the Family. Free.

Reproductions of Isotype charts showing why tuberculosis is a disease of the family. Charts are also included showing the progress of cure with and without rehabilitation and the relation between declining death rates in facilities for cure. For junior and senior high schools.

Why Sleep. Free.

Scientific study of rest made at Colgate University. For junior high schools.

GENERAL

American Medical Association, 535 N. Dearborn Street, Chicago, Illinois.

A Century of Progress in Medicine. Reprinted from Hygeia, The Health Magazine. 1933-1934.

Résumé of the American Medical Association exhibit at the Century of Progress Exposition in New York. High schools and adults.

Alvarez, W. C., Nerves and Indigestion. Reprinted from Hygeia, The Health Magazine, September, 1938. 5¢.

Some discussion of "nervous indigestion". High schools and adults.

Bauer, F. M., Afternoon Study Club. Reprinted from Hygeia, The Health Magazine, January, 1938. 10¢.

A play on the value of animal experimentation to human welfare. For use in refuting antivivisectionists. High schools and adults.

Jackson, C., and Jackson, C. L., Your Voice. Reprinted from Hygeia, The Health Magazine, February, 1939. 10¢.

For high school students and adults. Emphasizes importance of proper care of voice.

McFarland, J., How to Choose a Doctor. Reprinted from Hygeia, The Health Magazine, August, 1931. 5¢.

Brief discussion of matters to be considered in selecting a doctor. For high school students or adults.

Skinner, George A., Wonder Stories of the Human Machine. Reprinted from Hygeia, The Health Magazine, June, 1940. 15¢ each; set of ten, $1.00.

Part III: The Breather Pipes and Thermostatic Control
Part IV: The Engine
Part VIII: Safety Devices
Part IX: The Body Finish

Metropolitan Life Insurance Company, 600 Stockton Street, San Francisco, California.

About Us and Our Friends. Free.

A first grade reader which encourages a practice of good health habits. Profusely illustrated in color.

Taking Your Bearings. Free.

For upper elementary and high school. Advocates periodic physical examinations, intelligent care of body.

Winslow, C. E. A., and Hallock, G. T., Health Through the Ages. Free.

Historical events in the health field from the stone age to modern times. High schools.

United States Public Health Service, U. S. Government Printing Office, Washington, D. C.

Olesen, Robert, Personal Hygiene. Supplement No. 137 to the Public Health Reports. 1942. Supt. of Documents. 10¢.

Excellent information on eleven health topics. Helps the individual in carrying out his responsibility for health maintenance. For teachers, other adults, and high school students.

To Teachers and Administrators:

Most of the materials listed below may be secured by writing to Division of Venereal Disease Control, Oregon State Board of Health, 816 Oregon Building, Portland, Oregon.

This is material with which teachers and administrators should acquaint themselves. It is not suited for general pupil use, but might be valuable in working with individual pupils. Some of the material is valuable from the point of view of community control of venereal disease.

American Social Hygiene Association, 1790 Broadway, New York.

A Tip from Your Pharmacist.

Symptoms and control of syphilis and gonorrhea.

Calling All Women.

Discussion of syphilis and gonorrhea. Prepared for women in defense industries.

Vital to National Defense.

Harmful results of syphilis and gonorrhea.

Why Let it Burn?

The case against the Red Light District and Commercialized Prostitution.

Metropolitan Life Insurance Company, 600 Stockton Street, San Francisco, California.

The Facts About Syphilis. Free. Directly from Metropolitan Life Insurance Company.

The cause and cure of syphilis.

Public Affairs Committee, Inc., 30 Rockefeller Plaza, New York City.

Prostitution and the War.

Discusses prostitution from the standpoint of health and morale.

United States Public Health Service Publications, Superintendent of Documents, Washington, D. C.

Are You Being Played for a Sucker.

A folder on syphilis and gonorrhea. Discusses quack as opposed to professional treatment.

Gonorrhea the Crippler.

Discussion of prevention and cure of gonorrhea.

Syphilis and Your Town.

Nine points for control of syphilis in a community.

Syphilis - Its Cause - Its Spread - Its Cure.

Describes the disease and its treatment.

The Doctor Says.

Facts about marriage blood tests.

Twenty Questions on Gonorrhea. 5¢ each; 25% discount on quantities of 100 or more.

Discussion of causes, symptoms, and control. A program for community control.

Venereal Disease and National Defense.

A program for control of venereal disease in areas where armed forces or national defense employees are concentrated.

MENTAL HYGIENE

American Medical Association, 535 N. Dearborn Street, Chicago, Illinois.

Blanton, S., How to Manage the Adolescent. Reprinted from Hygeia, The Health Magazine, September, 1939. 5¢.

For teachers and parents.

Popenoe, P., Left-Handedness. Reprinted from Hygeia, The Health Magazine, October, 1938. 10¢.

Facts about left-handedness and what to do and not do about it. Teachers and parents.

Children's Bureau, U. S. Department of Labor, Washington, D. C.

Bassett, Clara, The School and Mental Health. Commonwealth Fund. 1931.

Designed to help the teacher identify the mental health needs of students. May be secured from Oregon Mental Hygiene Society, 419 Platte Building, Portland.

To Parents in Wartime. Children's Bureau Publication No. 282. 1942. 5¢.

Designed to be of service to parents in meeting the mental health needs of children from infancy through adolescence, with special emphasis on the effects of the war atmosphere. The cooperative effort of an imposing array of mental hygiene experts. May be secured from Oregon Mental Hygiene Society, 419 Platte Building, Portland.

Metropolitan Life Insurance Company, 600 Stockton Street, San Francisco, California.

Good Habits for Children. Prepared with cooperation of National Committee for Mental Hygiene. Free.

For parents and teachers of young children.

Scholastic Corporation, New York.

Boy Dates Girl (1st series). Gay Head. 1937. 35¢ each; cheaper in quantity lots.

For high school students. The amenities in dating. Interesting to students.

Boy Dates Girl (2nd series). 1939. 35¢ each; cheaper in quantity lots.

NUTRITION

American Institute of Baking, Department of Nutrition, 10 Rockefeller Plaza, New York.

Enriched Bread. 1941. Pamphlet - free.

Interesting and useful facts about bread, enriched with vitamins and minerals. High schools.

Our Daily Bread. Chicago. 1940. Free.

A unit of work for teachers of intermediate grades.

American Medical Association, 535 N. Dearborn Street, Chicago, Illinois.

Fishbein, M., The Truth About Candy. Reprinted from Hygeia, The Health Magazine. December, 1937. 5¢.

Discusses the place of candy in the diet. High schools and adults.

Lieb, C. W., The "Compatible Eating" Fad. Reprinted from Hygeia, The Health Magazine. August, 1936. 1941. 5¢.

Refutes a food fad and emphasizes the importance of accepting dietary advice from scientific sources only. High schools and adults.

Children's Bureau, U. S. Department of Labor, Washington, D. C.

The Noon Meal at School.

Importance of a good school lunch program. Teacher reference. Single copies free from State Board of Health.

The Road to Good Nutrition. Single copies free, State Board of Health, Oregon Building, Portland, Oregon.

General view of problems of nutritional guidance throughout period of growth, with emphasis on positive side of good nutrition and methods of attaining it. Teachers and parents.

Evaporated Milk Association, 203 North Wabash Avenue, Chicago, Illinois.

A Science Project.

On evaporated milk. For grades 5-8.

Feeding the Family at Low Cost. No. 25. Free.

A week's market order, with menus, and statement of principles underlying a minimum essential diet. 11th and 12th grades.

Modern Milk. No. 19. Free.

A brief description of the history of evaporated milk, its packaging and uses. Illustrated. 11th and 12th grades.

Planning Lunches for the School Child. February, 1941.

For high school pupils and teachers. Good brief treatment of essentials of a nutritious lunch, emphasizing values in milk. Contains suggestions for lunch combinations and 12 recipes.

Some Facts About Evaporated Milk and Other Dairy Products. No. 38. Free.

Principally statistical data. Information relating to evaporated milk, the

dairy industry, and food consumption in the United States. High schools.

The Airplane Rescue. No. 37. Free.

A short dramatic sketch, giving a sound lesson in nutrition. Easily produced by teacher, nutritionist, nurse, or pupils themselves. A play for elementary grades.

The Laughing Moon. No. 39. Free.

A play for junior and senior high school groups. Dramatic presentation of important nutrition lessons. Prepared at the suggestion of the United States Extension Service.

The Story of Evaporated Milk. 1941. Free.

High school—11th and 12th grades.

Rice, F. E., and Dillon, C., Evaporated Milk. Free.

Story of the development of evaporated milk. 7th and 8th grades and high schools.

Irradiated Evaporated Milk Institute, 307 North Michigan Avenue, Chicago, Illinois.

Better Teeth - Better Health with Milk-Made Foods. No. 129. Free.

Explains the value of milk nutrients and vitamin D for building sound teeth. Recipes.

The Story of Irradiated Evaporated Milk. Free.

High schools.

Units of Study on Milk. Adapted from the article "Units of Study on Milk" originally published in the Journal of Health and Physical Education, February, 1938. September, 1938. Free.

For upper grades. Units of study with emphasis on evaporated milk.

Using Irradiated Evaporated Milk in Our Supper. No. 121. Free.

A unit of study for teachers and students of home economics.

Junket Folks, Charles Hansins Laboratory, Little Falls, New York.

How to Get Children to Eat. Grace Langdon, Advisory Editor of Parents Magazine. Free.

Practical suggestions for teachers and parents.

Metropolitan Life Insurance Company, 600 Stockton Street, San Francisco, California.

About Us and Our Friends. Free.

A first grade reader which encourages the practice of good health habits. Profusely illustrated in color.

Milk, An All-Round Food.

Upper elementary. Milk as a food. Protection of milk.

The Family Food Supply. Free.

Food and marketing helps for the homemaker. For adults and high school students.

Three Meals a Day. Free.

For high school students and adults. Principles of food selection, menus, recipes.

When You Are in Your Teens. Committee on Nutrition, Health Education Section, Welfare Council. Free.

Leaflet containing advice on nutrition and a sample menu.

Oregon Dairy Council, Terminal Sales Building, Portland, Oregon.

A Happy Day. 25¢.

Illustrated pamphlet; 4 posters in color. Emphasizes healthful living as a part of each child's daily experience. First grade.

Food for Young Children. Single copies free.

Basic meal guide and meal pattern with information on techniques of building good food habits. Teachers.

Health and Nutrition in Family Living. 5¢.

Shows teachers how to coordinate the food and nutrition subject matter with the general source in family relationships. Teachers.

Let's Have Breakfast. 15¢.

Project for introducing a study of health and nutrition built around a breakfast activity. Colored poster; teacher's supplement. Grade 3.

Lunch At Home and At School. 5¢.

To assist teachers in the middle grades in incorporating an emphasis upon lunches into the regular school program. Adapted to both lower and upper grades.

Safe Milk. Single copies free. Quantity prices upon request.

Discusses importance of pasteurization.

Studying About Our Daily Foods. 10¢.

12 articles on the nutritive value of foods. Published by Hygeia.

Oregon State College, Corvallis, Oregon.

The School Lunch. Extension Bulletin 492. Free.

State College of Washington, Pullman, Washington.

Todhunter, E. Neige, Nutrition Experiments for Classroom Teaching. 25¢.

Teacher handbook. Helpful, explicit directions in use of animals in nutrition teaching.

Teachers College, Columbia University, New York City. (Bureau of Publications)

Rose, Mary S., and Bosely, Bertlyn, Feeding Our Teeth.

For third and fourth grades.

Rose, Mary S., and Bosely, Bertlyn, Our Cereals.

For fourth, fifth, and sixth grades.

Rose, Mary S., and Bosely, Bertlyn, Vegetables to Help Us Grow.

A nutrition unit for first, second, and third grades.

United States Government Printing Office, Washington, D. C.

Eat the Right Food. U. S. Office of Education, U. S. Children's Bureau, U. S. Bureau of Home Economics, U. S. Public Health Service. Single copies free from State Board of Health, Oregon Building, Portland, Oregon. Small charge in quantity lots.

Teacher and student reference. Basic material in the National Nutrition Program.

United States Office of Education, Washington, D. C.

Education and National Defense Series. Pamphlet 22. Single copies, 15¢.

Food for Thought (The Schools Responsibility in Nutrition Education)

Teacher reference. Gives an overall picture with concrete suggestions for curriculum material for elementary and secondary schools, integration of the school lunch program, and community cooperation. Reference lists.

Nutrition Education in the School Program. For sale by Supt. of Documents, Washington, D. C. 10¢. Reprint from School Life.

Teacher reference.

School Lunches and Education. For sale by Supt. of Documents, Washington, D. C. 5¢. Vocation Division leaflet #7.

Teacher reference.

United States Public Health Service, Washington, D. C.

Frank, Leslie C., What Every Person Should Know About Milk. Supplement No. 150 to the Public Health Reports. 1941. Supt. of Documents. 5¢.

Describes the importance of milk as a food and how milk can be safeguarded against disease germs; special emphasis on pasteurization. For teachers, other adults, and high school students.

Wheat Flour Institute, 309 W. Jackson Blvd., Chicago, Illinois.

Wheat and Wheat Flour. Pamphlet.

Suggestive ways in which units in various areas of health teaching may be correlated with other subjects. Adaptable to any grade.

Wisconsin Alumni Research Foundation, Madison, Wisconsin.

Irradiated Evaporated Milk, Vitamin D, Steenbock Process. 1934. Free.

Description of the process and value of adding vitamin D to milk by irradiation. For high school health and home economic classes and adults.

Testing Irradiated Evaporated Milk for Vitamin D. Free.

Brief explanation of methods used in testing for vitamin D content. For high school students and teachers.

ORAL HEALTH

American Dental Association, 212 East Superior Street, Chicago, Illinois.

A Dental Health Guide. Single copies free from the Oral Health Program, Oregon State Board of Health, 718 Oregon Building, Portland, Oregon. Quantity amounts 3/4 cent per copy.

For teachers and parents. Concise information in outline form of salient points on nutrition, good dental habits, harmful dental habits, early and regular care, what dental defects may lead to, standards for a good set of teeth.

A List of Dental Educational Material. 1942. Single copies free from the Oral Health Program, Oregon State Board of Health.

A catalog of pamphlets, plays, films, slides, exhibit material, models and molds for schools, posters, dental health charts, etc.

Happy Days with Jack and Joan. 5¢ per single copy; 25 copies, $1.00. The Oregon State Board of Health - Oral Health Program.

A booklet on the care of the teeth especially designed for children between the ages of 9 and 11. The structure and functions of the teeth, as well as the fundamentals of dental care, are explained in an interesting, yet simple manner.

Primer Dental Health Educational Leaflets. One set of 8 leaflets, 5¢; 25 sets of leaflets, 75¢. Oregon State Board of Health - Oral Health Program.

Eight leaflets designed for the primer grades. (1 of which is shown.) Cover: Breakfast, Lunch, Dinner, Vegetables and Fruits, Milk, Washing, and Sleep. Printed on 8 x 10½ inch drawing paper. They are designed as seat work for very young children.

Second Grade Dental Health Educational Leaflets. One set of six leaflets, 5¢; twenty-five sets of leaflets, 50¢. Oregon State Board of Health - Oral Health Program.
Six leaflets designed for first or second grade dental education. Each lesson is printed on 8 x 11 inch drawing paper. The wording is fitted to the second grade vocabulary. The text is scientifically correct. The drawings are to be colored by the child. They enable educators to coordinate the teaching of dental health with that of art and of reading.

Third Grade Dental Health Educational Leaflets. One set of six leaflets, 5¢; twenty-five sets of leaflets, 50¢. The Oregon State Board of Health, Oral Health Program.

Six 8 x 11 inch leaflets designed for third or fourth grade children. The lessons are to be studied and the questions answered by the children. The drawings can then be colored. On the reverse side of each leaflet is an additional lesson.

Tommy's First Visit to the Dentist. Single copies free; quantity amounts, 5¢ per copy. Oral Health Program.

A booklet for kindergarten, 1st and 2nd grades. A story of Tommy's first visit to the dentist and what he learned. Illustrated with photographs of Tommy and the dentist in the office.

Your Child's Teeth. Committee on Dental Health Education. Single copies free from the Oral Health Program. Quantity amounts, 8¢ per copy.

An attractive illustrated booklet. Covers development of first teeth from birth, the first 2½ years, pre-school visits to dentist, diagrammatic drawings of teeth nerves, blood supply, the progress of decay, childhood habits that may injure teeth, teen-age teeth, eruption of teeth, suggestions for teaching dental health.

Morrey, L. W., School Programs for Dental Health. Single copies 5¢ from Oregon State Board of Health.

For teachers and health nurses. Analysis of important factors in a successful and economical school dental program.

Morrey, L. W., Supervisor, Teeth, Health and Appearance. Bureau of Public Relations. $1.50.

A cloth-bound book, illustrated in color. Covers teeth and personal appearance, relationship of teeth and health, anatomy, blood and nerve supply of teeth, the importance of first teeth, and the permanent teeth, why we visit the dentist, how teeth grow, X-rays in dentistry, importance of right food.

Cleveland Child Health Association.

Preparing Teeth for School. Single copies free from the Oral Health Program. Quantity amounts, 8¢ per copy.

Preparing teeth for school and life, the mother's job, food selection, care of brushes, why care for first teeth, battle against decay, meet the dentist, habits to avoid, the dentist's job, crooked teeth.

The Good Teeth Council for Children, Inc., 400 North Michigan Boulevard, Chicago, Illinois.

Jackie and Judy. Copies free to teachers in schoolroom quantities from Oregon State Board of Health - Oral Health Program.

A dental health reader, graded to 4th, 5th, and 6th grades. Illustrated. Jackie and Judy visit the dentist for reparative dentistry and good advice on care of teeth, good food, how teeth grow, importance of frequent visits to dentist.

My Teeth - A Story of Teeth Through the Centuries. 1941. Copies free to teachers in schoolroom quantities from the Oral Health Program.

For 7th and 8th grades. An illustrated booklet, teeth 50,000 years ago, teeth and adornment, 3,000 B.C. to 500 A.D., teeth 500 years ago, and 200 years ago, the past century, the first dental schools, teeth today, right food and habits.

Metropolitan Life Insurance Company, 600 Stockton Street, San Francisco, California.

Good Teeth at All Ages.

For high school students and adults. Brief illustrated bulletin on care of teeth.

Some Modern Facts About Healthy Teeth. Single copies free from The Oral Health Program, Oregon State Board of Health. Quantity amounts, ½¢ per copy.

A digest of dental information.

National Education Association, 1201 - 16th Street Northwest, Washington, D. C.

The Mouth Health of School Children. Joint Committee on Health Problems in Education of the National Education Association and the American Medical Association with the cooperation of the American Dental Association and the American Society for the Prevention of Dentistry for Children. 1938. 25¢ per copy. Orders from 100 or less must be accompanied by money. Discounts in quantity lots, 2-9 copies, 10%; 10-99, 25%; 100 or more, 33 1/3%.

An excellent book for teachers in all grades.

Oregon Dairy Council, Terminal Sales Building, Portland, Oregon.

Food and Care for Good Dental Health. 1942. Priced at 25¢ for the complete unit.

A dental health unit of work which discusses the development, construction and uses of teeth, and the role of nutrition and the care of teeth at home and by the dentist; a teacher's supplement; and a four-colored poster, size 19 x 27. The vocabulary is such that it can be used as a reference book in the middle and upper grades.

Oregon State Board of Health, 219 Oregon Building, Portland, Oregon.

Gardner, T. A., Irregularities of the Teeth. January, 1941. Single copies, 5¢.

For teachers and nurses. Correction of irregularities briefly discussed.

United States Public Health Service, Washington, D. C.

Cady, F. C., Good Teeth. Supplement No. 149 to the Public Health Reports. Supt. of Documents. 1941. 5¢.

Describes how teeth grow and gives suggestions for care of teeth. For teachers, other adults, and high school students.

SAFETY

The Aetna Casualty and Surety Company, Hartford, Connecticut.

Do You Make These Mistakes in Walking? Free.

Woodruft - Upper elementary and high schools. Contains cartoons illustrating practices to be avoided by pedestrians.

How Good a Driver Are You? Free.

High school level. Simple self-test for drivers. Safety education.

Safety Shorts. Pamphlet. Free.

Nineteen suggestions in visual and verbal form for safe use of the highways.

American National Red Cross, Washington, D. C.

American Red Cross First Aid Textbook. P. Blakiston's Sons. 1940. $1.00.

Grade 12 and adults. Standard text for Red Cross first aid.

Instructor's Outline of First Aid Courses. 1937.

Metropolitan Life Insurance Company, 600 Stockton Street, San Francisco, California.

Calling All Drivers, A Guide to Better Motoring. Free.

Facts and suggestions for safety in driving. High schools and adults.

First Aid. Free.

Up-to-date information on main first aid topics. Illustrations. For adults and high school students.

Home Safety Quiz. Free.

Questions and answers to promote safety in the home. Upper grades, high schools, and adults.

How to Promote Community Safety. Safety Section, Welfare Division. Free.

Suitable for high school classes and adult organizations.

The Safe Walker's Memo Book. Free.

A memorandum book with reminders on safe walking and blank pages for personal notes. For adults and high school age.

Cressman, Paul L., McCarthy, J. A., and others, Industrial Safety Education in Schools. School Health Monograph No. 10. Free.

For study in health or industrial arts classes in schools which have shops.

National Conservation Bureau, Education Division, 60 Johns Street, New York City.

A New Approach to Driver Education. Free.

Ideas for teachers for a new approach to safety education.

National Education Association of the United States, 1201 Sixteenth Street, N. W.,

Washington D. C.

Dramatizations in Safety Education: An Annotated Bibliography. 25¢.

Bibliography of plays, radio plays, and scripts on fire prevention, firearms and explosives, first aid, play safety, school safety, etc.

Safety and Safety Education: An Annotated Bibliography. 1939. 25¢.

Units in Safety Education: Grades V and VI. 1940. 25¢.

Series of units in safety education with suggested approaches, activities, culminating activities, and bibliographies.

National Safety Council, 20 N. Wacker, Chicago, Illinois.

Accident Facts. Statistics Committee. 1941. Pamphlet. Unable to quote price.

Excellent reference data for teacher use. Published annually.

Safety Education Methods in Secondary Schools. Unable to quote price.

Safety Education in the Rural School. Education Division. 1939. 35¢.

Effective instruction in safety based on the needs of the community. The subject matter is organized to some extent to prevent accidents that are more prevalent at certain seasons of the year.

United States Office of Civilian Defense, Washington, D. C.

Handbook of First Aid. Prepared by U. S. Office of Civilian Defense in cooperation with American Red Cross. U. S. Government Printing Office. 1941.

SANITATION AND CLEANLINESS

American Medical Association, 535 N. Dearborn Street, Chicago, Illinois.

Bauer, W. W., Shall We Pasteurize? Reprinted from Hygeia, The Health Magazine, February, 1934. 10¢.

For high school students and adults. Authoritative consideration of arguments pro and con.

Lillingston, C., The House Fly. Reprinted from Hygeia, The Health Magazine, March, 1935. 5¢.

How to get rid of the fly and why it should be done. High schools and adults.

Whipple, G. C., Pure Water--Best of All Drinks. Reprinted from Hygeia, The Health Magazine, February, 1931.

The importance of pure water to health. High schools and adults.

Cleanliness Institute, 381 Fourth Avenue, New York.

Hallock, G. T., A Tale of Soap and Water. 1937. Free.

Grades 6-9. Historical narrative of the use of soap and water.

Hallock, Grace T., After the Rain. 1927.

Grades 3, 4, and 5. Group of stories presenting cleanliness customs in different countries. Suitable for correlation with social studies.

Hallock, Grace T., Cleanliness Teaching. 1936. Free.

Suggestions to teachers for the use of A Tale of Soap and Water in grades 6, 7, 8, and 9.

Hallock, Grace T., Cleanliness Teaching. 1937. Free.

Suggestions to teachers for the use of After the Rain in grades 3, 4, and 5.

Metropolitan Life Insurance Company, 600 Stockton Street, San Francisco, California.

Hand-Washing Facilities in Schools. School Health Monograph No. 3, Welfare Division. Free.

A report of a survey of facilities found in 404 schools. For school administrators, teachers, and teacher-training classes.

The Custodian and the School Child. Free.

Suggestions which will help the custodian protect the health of school children.

Stevens, G. G., Why Milk is Safe for Babies. Reprinted from the Forum, June, 1936. Free.

For high school students. Comparison of old methods of milk control with the newer methods.

Turner, C. E., and Lytle, L., The Nature of Bacteria. School Health Monograph No. 7, Welfare Division. Free.

May be used in health, general science or biology classes, upper grades and high schools. For teacher use.

Swift and Company, Chicago, Illinois.

Soap. Agricultural Research Bulletin No. 12. 1937. Free.

For high school pupils. Gives the history of the use and manufacture of soap from early Roman times to the present day. Principal soap types are named and the method of manufacturing each is described.

SENSE ORGANS

American Society for the Hard of Hearing, 1537 35th Street N. W., Washington, D. C.

Berry, G., M.D., Prevention and Treatment of Deafness. 5¢.

Nature of deafness, treatment, and prevention. For adults and high schools.

Fowler, E. P., Swimming and the Ears. 5¢.

How infectious materials get in ears. For adults and high schools.

Kelly, J. B., Finding the Hard-of-Hearing Child. 5¢.

Tests described. For adults and high schools.

Macnutt, E. G., Parent and the Hard-of-Hearing Child. 5¢.

Causes and prevention. For adults and high schools.

Ronnei, E. C., Practical Hearing Health Education for the Primary Grades. 5¢.

For adults and high schools.

Stovel, L., Rural Child Who is Hard of Hearing. 5¢.

Discovery, causes, and education. For adults and high schools.

John Hancock Mutual Life Insurance Company, Boston, Massachusetts.

Knighton, W. S., M.D., Healthy Eyes. Free.

Description of eye, eye troubles, and good reading habits. Adults and high schools.

Tickle, T. G., M.D., Ears That Hear. Free.

Description of ear, prevention, ear trouble, and care of ears. Adults and high schools.

Metropolitan Life Insurance Company, 600 Stockton Street, San Francisco, California.

Care of the Eyes. National Society for the Prevention of Blindness and the Metropolitan Life Insurance Company. Free.

For adults and high schools.

Hearing. The New York League for the Hard of Hearing, Inc., and the Metropolitan Life Insurance Company. Free.

Description of ear, ear trouble, hearing, tests, prevention, and care of ear disorders. Diagrams of parts of ear. For adults and high schools.

National Society for the Prevention of Blindness, Inc., 1790 Broadway, New York.

Conserving the Sight of School Children. 1935. 35¢. Discounts, 10% on 2-9 copies, 25% on 10-99 copies, 33 1/3% on 100 or more copies.

Report of the Joint Committee on Health Problems in Education of the N. E. A. and the American Medical Association with the cooperation of the National Society for the Prevention of Blindness. Visual defects, inspection, school lighting, and eye health program. Essential information for teachers, nurses, and administrators.

Eyes and Athletics.

For upper elementary grades and high schools. Very brief statement of rules

for care of eyes. Free.

Eye Hazards in Play. 5¢.

For high school students and adults. Brief illustrated pamphlet outlining some dangers to eyes resulting from play activities.

Bryne, M. E., Preparing the Handicapped Child to Live. Reprinted from Public Health Nursing, December, 1938. Single copies free.

For teachers and parents. Social and psychological values of educating handicapped children in regular schools.

Cohen, M. C., The Visually Handicapped Child in the Rural Community. Preprinted from The Sight-Saving Review, September, 1940. 5¢.

For high school students and adults. Condensed discussion of sight-saving classes for rural children having visual handicaps.

Fletcher, A. H., Foster, M. D., Theodore, F., and others, Fenestration and Natural Lighting. Reprinted from the Sight-Saving Review, June, 1935. 10¢.

For administrators and school boards. Correct placement of windows for best use of natural light. Traces history of experimentation in fenestration and natural lighting in schools. Contains a good bibliography.

Hathaway, W., Room Design and Equipment Requirements for Sight-Saving Classes. 10¢.

For high school students and adults. Well illustrated. Brief pamphlet on classroom lighting. Includes suggestions for selection of furniture and equipment and its use.

Knighton, W. S., Development of the Normal Eye in Infancy and Childhood. 5¢.

For teachers and nurses. Somewhat technical discussion of changes which occur in eyes from birth to adulthood.

Knighton, W. S., Vision Defects and Their Correction. 10¢.

Diagrammatic presentation of eye defects and their correction. For teachers and high school pupils.

Knighton, W. S., What Causes Eyestrain in Children? Reprinted from the Sight-Saving Review, March, 1937. 5¢.

High school students and adults. Clear, simple explanation of the common causes of eyestrain in children, indicating the importance of periodic examinations and careful treatment.

Lancaster, W. B., Illumination Levels and Eye Comfort Conditions. 10¢.

For high school students and adults. Nontechnical, short discussion of conditions contributing to eye comfort.

Phelan, A. M., Teacher Practices and Conditions Affecting the Eye Health

of School Children. Preprinted with revisions from School Management, January, 1938. Free.

For teachers and other adults. Self-check list for teachers relative to teacher practices involving principles of light usage.

Oregon State Board of Health, 219 Oregon Building, Portland, Oregon.

Hearing Health Program for Parents. Free.

Itemized list of precautions against acquisition of ear troubles. For adults and high schools.

Hearing Health Program for Teachers. Free.

Itemized list of observations for class room detection of hearing defects, and ear troubles. Adults and high schools.

Vision Conservation Program for the Parent. Free.

Precautions against eye injuries and abuse of eyes. For adults and high schools.

Vision Conservation Program for the Teacher. Free.

Itemized list of observations for classroom detection of vision and eye defects. Adults and high schools.

SOCIAL HYGIENE

American Medical Association, 535 N. Dearborn Street, Chicago, Illinois.

Rice, T. B., Sex Hygiene Pamphlets. 25¢ each; set of five in file case, $1.00. 1940.

How Life Goes On and On.

For girls of early high school age, explaining how they are to be mothers of the men of tomorrow.

In Training.

For boys of early high school age, interpreting their adolescent development in terms of athletic and other achievements which they can understand and admire.

The Age of Romance.

For young men and women, dealing with the problem as a unit for both sexes instead of segregating the information for each sex as in the older teaching methods. The method is frank, courageous and idealistic.

The Story of Life.

For boys and girls ten years of age, telling them how the young come to plants, cold-blooded animals, domestic animals, and human parents.

Those First Sex Questions.

For the parents of very young children. Answers to the groping questions of the littlest ones.

American Social Hygiene Association, 1790 Broadway, New York City.

A Formula for Sex Education. Pub. No. 778. Single copies free from Oregon Tuberculosis Association, 605 Woodlark Building, Portland. Quantity lots from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon

A very brief outline of what knowledge, habits and attitudes a child should have concerning sex. Outline is divided by age groups. Adults.

From Boy to Man. 10¢. Single copies from Oregon Tuberculosis Association, 605 Woodlark Building, Portland, Oregon. Quantity lots from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon. Pub. No. 626.

For adolescent boys. Brief but sound and wholesome information on boys' sex problems and their solutions.

Health for Girls. Pub. No. 831. 10¢. Single copies from Oregon Tuberculosis Association, 605 Woodlark Building, Portland, Oregon. Quantity lots from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

For adolescent girls. Brief explanation of female reproductive system and its functions; how life begins, right and wrong use of the sex instinct.

The School's Responsibility in Social Hygiene Education. Pub. No. A-290. Free. Single copies from Oregon Tuberculosis Association, 605 Woodlark Building, Portland, Oregon. Quantity lots from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Preliminary report of the New York state-wide Studies Committee. Adults.

Bigelow, Maurice A., Social Hygiene and Youth in Defense Communities. Pub. No. A-410. May be secured free from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Discusses effect upon high school youth of war-time industries developing in the community. An excellent presentation. Adults.

Brown, H. W., Sex Education in the Home. 10¢. May be secured from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Very brief advice about parents attitudes and suggestions for giving sex instruction to children and adolescents. Adults.

Exner, M. J., M.D., Education for Marriage. Pub. No. A-220. May be secured free from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Brief discussion of biological and sociological basis for marriage. Adults.

Gauit, J. P., Some Information for Mother. 1939. 10¢.

For adults. How one man answered the questions of a child about reproduction.

Annotated Bibliography

For the parents of very young children. Answers to the groping questions of the littlest ones.

American Social Hygiene Association, 1790 Broadway, New York City.

A Formula for Sex Education. Pub. No. 776. Single copies free from Oregon Tuberculosis Association, 605 Woodlark Building, Portland. Quantity lots from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon

A very brief outline of what knowledge, habits and attitudes a child should have concerning sex. Outline is divided by age groups. Adults.

From Boy to Man. 10¢. Single copies from Oregon Tuberculosis Association, 605 Woodlark Building, Portland, Oregon. Quantity lots from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon. Pub. No. 626.

For adolescent boys. Brief but sound and wholesome information on boys' sex problems and their solutions.

Health for Girls. Pub. No. 831. 10¢. Single copies from Oregon Tuberculosis Association, 605 Woodlark Building, Portland, Oregon. Quantity lots from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

For adolescent girls. Brief explanation of female reproductive system and its functions; how life begins, right and wrong use of the sex instinct.

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Gault, J. P., Some Information for Mother. 1939. 10¢.

For adults. How one man answered the questions of a child about reproduction.

Parker, Valeria Hopkins, M.D., Sex Education for Parent Groups. Pub. No. A-163. May be secured free on request from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Outline of four lectures of popular presentation.

1. Foundations of sex education.
2. Sex education of childhood.
3. Guidance of the adolescent.
4. Syphilitic and gonococcal infections.

Adults.

Snow, W. F., Health for Man and Boy. 10¢. May be secured free on request from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon

For men and mature high school boys.

Snow, W. F., Marriage and Parenthood. 10¢. May be secured free on request from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Deals with mating and heredity of the child; influence of the family, home, and community upon children. For parents.

Snow, W. F., Women and Their Health. 10¢. May be secured free on request from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

For women and mature high school girls. Describes reproductive system of female, pregnancy, influences of sex life upon health and happiness of women and their families. General facts about syphilis and gonorrhea included.

Zilmer, Aimee, Parent-Teacher Associations and Social Hygiene. Pub. No. A-235. May be secured free on request from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Plan of work for 1940-43 by National Social Hygiene Chairman for the Parent-Teachers Association. Adults.

United States Public Health Service, Washington, D. C.

High Schools and Sex Education. Educational Publication No. 7. 1940. For sale by Superintendent of Documents, Washington, D. C. 20¢.

For teachers. Treats problem of planning and organization of a program in sex education in relation to the school curriculum.

Free and Inexpensive Materials for Health Education
Annotated Bibliography

Parker, Valeria Hopkins, M.D. Sex Education for Parent Groups. Pub. No. A-163. May be secured free on request from Division Social Hygiene Education, University of Oregon Medical School, Portland, Oregon.

Outline of four lectures of popular presentation.
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United States Public Health Service, Washington, D. C.

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